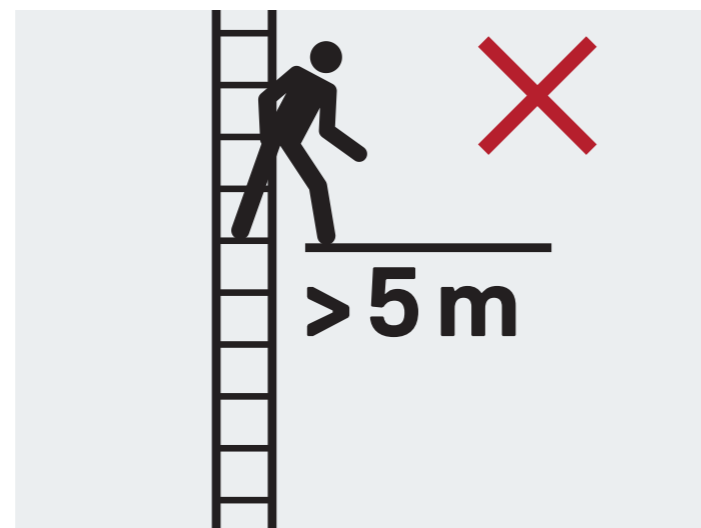


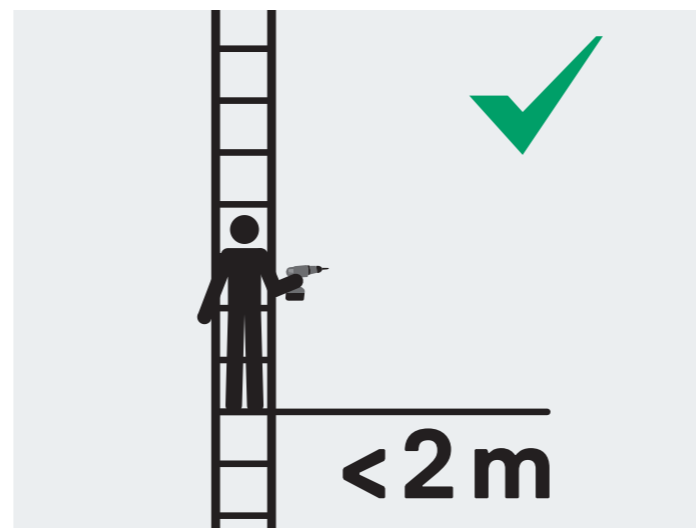
SAFE HANDLING OF LADDERS



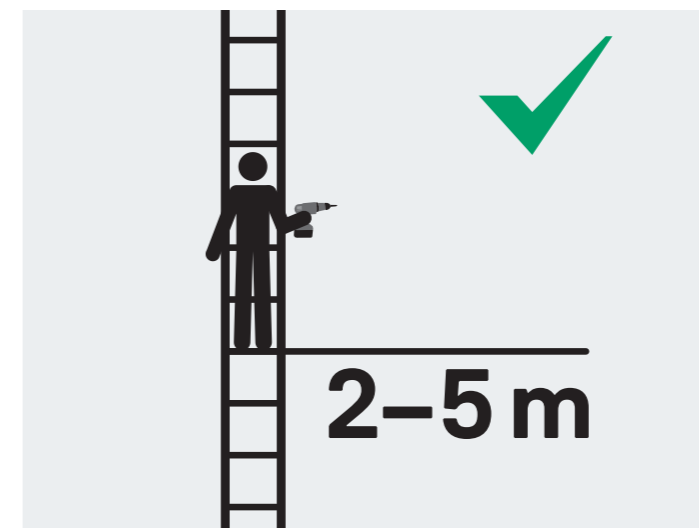
LADDERS AS MEANS OF ACCESS:
Rung/step ladders are permitted for access heights of **less than 5 m**.



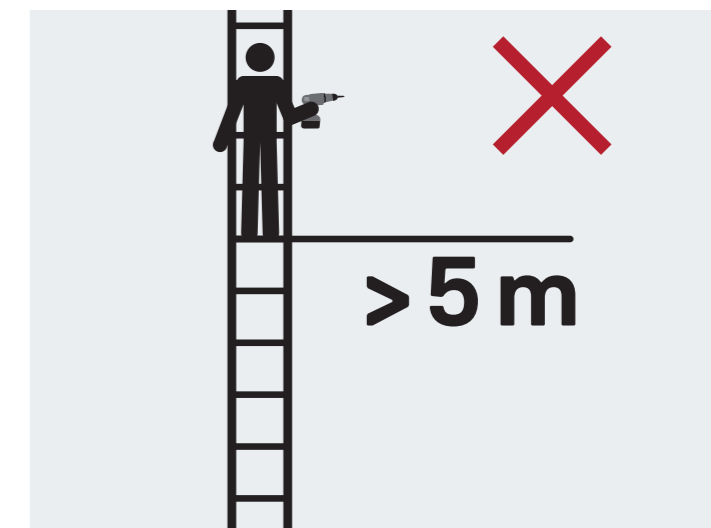
LADDERS AS MEANS OF ACCESS:
Rung/step ladders are not permitted for access heights **> 5 m**. Use alternative equipment (e.g. mobile towers).



LADDERS AS A WORKPLACE:
Rung ladders are not permitted as a workplace. Step ladders/platform ladders up to a standing height of **< 2 m are permitted without restriction**.



LADDERS AS A WORKPLACE:
Rung ladders are not permitted as a workplace. Step ladders/ platform ladders are permitted for a standing height of **2-5 m for a duration of up to 2 hours**.

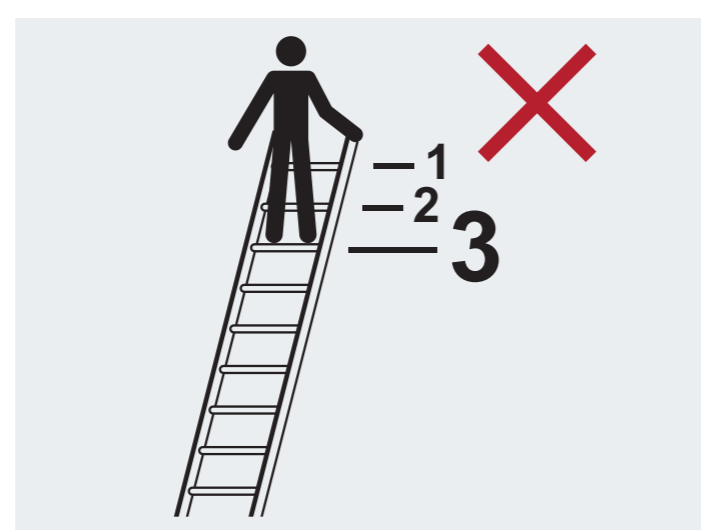


LADDERS AS A WORKPLACE:
Rung ladders are not permitted as a workplace. Step ladders/ platform are not permitted for working heights of **> 5 m**. Select **alternative work equipment** (e.g. mobile tower).

GENERAL SAFETY INSTRUCTIONS



Commercially used access technology must be inspected regularly. We are happy to train you. Get in touch with us: www.hymer-access.com



Only climb leaning ladders up to the last permissible rung/step, max. up to the **fourth rung/step from the top**.



Only climb double-sided accessible freestanding ladders up to the last permissible rung/step, max. up to the **third rung/step from the top**.



When using multi-purpose ladders in the freestanding ladder with extension position, only climb up to the last permissible rung/step, max. up to the **fifth rung/step from the top**.



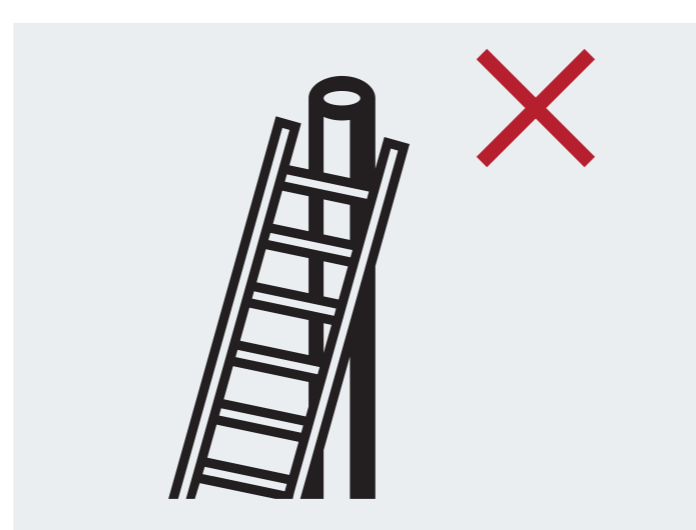
Use the **elbow method**, to check whether the ladder is positioned at the correct angle (rungs 65-75°, steps 60-70°).



Before using the ladder, ensure that the **stiles are fully open**.



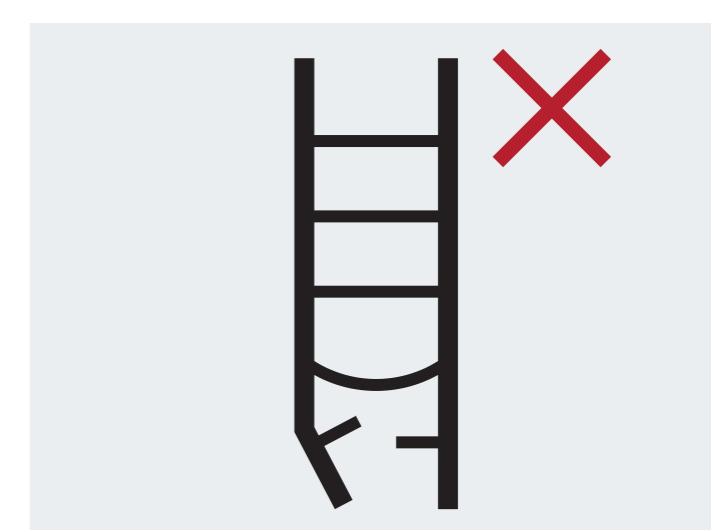
Use a **stairway ladder** for work on stairs.



Leaning ladders must rest **firmly against a flat surface with both stiles**.



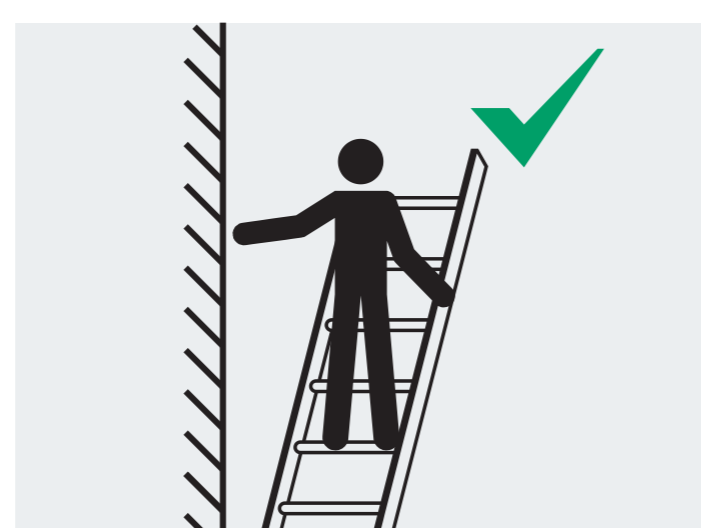
Ensure that the ladder is only **set up on firm ground** and is stable.



Visually inspect the ladder before each use. Damaged ladders must be repaired or replaced.



When working with ladders, wear only **sturdy, closed-toe footwear** to increase safety and comfort at work.



Observe the **three-point method** to work safely on ladders and always touch them with both hands and one foot or one hand and both feet.



It is not possible to climb the ladder safely with your hands full. Therefore, use the ladder's **tool tray** or a **tool belt** when accessing.



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